

Karen Animists



Karen people have traditionally been Animists.

Animists believe that there are spirits that live in the environment, in trees, hills, and in rivers. These spirits are usually but not always invisible to humans.

Living in harmony with the environment and the spirits is very important for Animists.

Most Karen Buddhists, and many Karen Christians, hold Animist beliefs alongside their other religious practises.

Photo: Karen Animists hold a ceremony as part of a protest against plans to build a dam on the Salween River (KESAN).